

SONORA ISD BREAKFAST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NOV

MENU 2023

LOST MAPLES STATE PARK



ANNOUNCEMENTS:

6
BREAKFAST PIZZA
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

7
FRENCH TOAST / SAUSAGE
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

8
BREAKFAST PARFAIT
PRE-K MUFFIN / YOGURT
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

9
PANCAKE WRAP / YOGURT
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

10
CINNAMON ROLL / SAUSAGE
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

13
MUFFIN / CHEESE STICK
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

14
STRUDEL / YOGURT
PRE-K BK CRACKERS & CHEESE
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

15
PANCAKES / BACON
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

16
BISCUIT / CHICKEN
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

17
PB & JELLY SAND
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

20
**THANKSGIVING
BREAK**

21
**THANKSGIVING
BREAK**

22
**THANKSGIVING
BREAK**

23
**THANKSGIVING
BREAK**

24
**THANKSGIVING
BREAK**

27
PANCAKES / BACON
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

28
BURRITO / HASH BROWN
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

29
WAFFLE / SAUSAGE
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY

3
SUNRISE SANWICH
OR
CEREAL / CRACKERS
100% FRUIT JUICE
FRUIT
MILK VARIETY



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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